







# NOVEMBER 2023

# NEWSLETTER

#### WHERE TO FIND US

Website: https://newpioneersproject.co.uk/

Please ask your broker if you wish to join our WhatsApp group

Please join our New Pioneers Programme Facebook group to hear about events and success stories.



## Welcome to the New Pioneers Project

The New Pioneers Programme (NPP) in Rochdale is a unique employability and community engagement programme that aims to provide intensive support with life coaching for people who are economically inactive or who have significant barriers to employment or services, or for those wishing to explore the opportunity of further education, meaningful employment or community engagement.

Our vision at the New Pioneer Programme is to empower our participants (our pioneers) with a flexible, personalised, intensive support to improve their wellbeing, health and skills, helping them to find and achieve their long term aspirations.

Our pioneers will receive 1-1 support and mentoring as well as becoming part of a growing New Pioneer community, building community cohesion, resilience as well as a peer network supporting each.

The programme is delivered in partnership with Rochdale Boroughwide Housing and Rochdale Borough Council with the aim to tackle long-term economic inequality.

If you know anyone who may benefit from this type of support, please contact Sharon.Dunn@rochdale.gov.uk





### **NORTH WEST IN BLOOM**



THE NEW PIONEERS COMMUNITY GARDENS ACHIEVED STUNNING RESULTS IN THE NORTH WEST IN BLOOM AND RHS: IT'S YOUR NEIGHBOURHOOD AWARDS 2023

ALL 3 OF OUR COMMUNITY GARDENS RECEIVED RECOGNITION IN THE ITS YOUR NEIGHBOURHOOD AWARDS. THIS IS THANKS TO THE EXCEPTIONAL WORK OF VOLUNTEERING PIONEERS AND OUR BROKERS.

- MENS LAB AT HEADY HILL COMMUNITY CENTRE IN HEYWOOD WERE AWARDED LEVEL 3 ADVANCING.
- TINTERN PLACE WERE AWARDED A LEVEL 4 THRIVING.
- SPOTLAND COMMUNITY CENTRE WERE AWARDED A LEVEL 4 THRIVING.

THROUGHOUT THE WINTER MONTHS, GARDENS ARE STILL PLACES OF CREATIVITY, NATURE AND NEW GROWTH. THERE ARE PLENTY OF JOBS TO GET STUCK INTO, INCLUDING LOOKING AFTER WILDLIFE, HARVESTING VEGETABLES, PRUNING ROSE BUSHES AND PLANNING AHEAD FOR WARMER DAYS.

CONTACT YOUR BROKER IF YOU WOULD LIKE TO GET INVOLVED IN ANY OF OUR GARDENS ACROSS THE BOROUGH.





Over the past 12 months the project has supported a group of entrepreneurial woman in learning new skills through weekly sewing classes, provided them first aid training and training in workplace health and safety.

Most recently the project has supported the woman and their business initiative: 'Urban Artisans'.

The 'Urban Artisans' woman are currently working on 2 projects:

Their 'Denim to Apron' initiative and their 'non electric cookerbags'.

Both these project use up-cycled textiles - are individually handmade, bespoke, unique, ethical and environmentally sustainable.

Last week the Urban Artisans woman held a stall at an ethical coffee festival in Manchester, where they successfully sold their handmade goods.

To order your Bespoke Apron or Cookerbag please go to their website www.urbanartisans.co









## A Night of Gratitude:



## Celebrating our Volunteers and Their Dedication to the Success of the Project

An extraordinary celebration unfolded at Spotland Community centre to celebrate the unsung heroes behind our many transformative projects at NPP.

The celebration kicked off by shining a spotlight on individual pioneering volunteers and their unique contributions, showcasing the diversity of talents and skills that came together to make the New Pioneer Project a resounding success.

The highlight of the evening was the presentation of awards, recognising our volunteers in various categories. From our gardening projects and learning lab, to our piano and bench initiative. To further celebrate the diverse talents of our volunteers, we had interactive displays which showcased each project within the NPP.

The night revealed the learning labs finished upcycled piano project and there was a live performance from our very own pioneer, Lana, who played on the piano throughout the night.

The celebration was a testament to the power of collective action and the impact that individuals can have when they unite for a common cause.

We hope the evening will be remembered forever by those who have and continue to dedicated their time and passion to make a positive difference in our community.

If you would like to volunteer for the New Pioneer Project, please contact Sharon: Sharon.Dunn@rochdale.gov.uk



#### The White Ribbon Campaign

Unite against domestic violence!



A fully booked afternoon tea was held at Spotland Community Centre, to highlight violence against woman and girls.

We had some amazing speakers, Heywood & Middleton Labor Party candidate, Councillor Elsie Blundell, Kimberly Ashworth - founder of the Whitworth women project, and last but certainly not least Jenny Miller domestic violence programme lead at RCT.

Thank you to everyone who attended, including the guest speakers and Councillor Iram Faisal, who cosponsored the event.









#### **New Pioneers Family Tennis Sessions**

In the spirit of the New Pioneers Project community engagement, health, and active lifestyles, the New Pioneers are offering FREE Family Tennis Sessions every Wednesday at Rochdale Leisure Centre, 4.30pm.





Thanks to our Pioneer and tennis coach, Gloria, we have made tennis accessible to individuals and families who may not have otherwise had the opportunity to engage in the sport.



Participants of all ages and skill levels are welcomed onto the court, promoting inclusivity and diversity.

For further information, contact your Broker

## Meditation and Mindfulness Back of the Moss community centre.

Meditation can give you a sense of calm, peace and balance that can benefit both your emotional well-being and your overall health.

A big shout out to Crystal Star who guided our lovely Heywood Pioneers and Broker, Nicola through a calming meditation session at the BOTM Community Centre.



Contact your Broker or Happy Time Meditation if you feel you may benefit from a session with Crystal.

https://www.facebook.com/happytimemeditation





# The New Pioneers Programme mindfulness book club

The New Pioneers Programme mindfulness book club participants are currently reading the book 'Manifest'.

Written by self-development coach, Roxie Nafousi. The book is an essential guide to anyone and everyone wanting to feel more empowered in their lives and it covers topics such as 'Vision Boards'.

Vision boards are an amazing tool to help you create that focused vision of your future and kickstart the real manifestation process.

Last week the Pioneers created their own vision boards.

The mindfulness book club is every Thursday 10am - 12pm at BOTM Community Centre.

No need to book, just turn up. Books and refreshments provided.







## Upcoming events and NPP group sessions......









Join the Get Rochdale Working group on Facebook - Opportunities' for jobs and apprenticeships daily and engage with local employers. The team can help with a variety of things including interview clothes and a laptop to help with job searching.

For information about the Digitech library email Vicky Burgess Vicky.Burgess@Rochdale.Gov.UK







